



WALKING PRAYER DAY -YARRA BEND PARK

# *Walking with God in Nature*

Saturday 17 August, 10.00am - 4.00pm

Yarra Bend Park is the largest area of natural bushland near the heart of Melbourne following the Yarra River as it meanders its way through the inner city.

At 10am participants will meet at the Bush Hut, at 110 Studley Park Rd, Kew. This is a two loop walk beginning in the morning from the Bush Hut returning there for lunch and finish there after the second walk in the afternoon. This is a contemplative walk where you will have time to stop and take in the beauty of Creation.

Total distance is approx. 10kms. Grade 3: Medium. A few hills, some narrow tracks and walking along the river bank.

This is an opportunity for you to spend some reflective time walking in silence within a faith community in Nature. It offers you the experience of listening to God speaking to you in Nature.

**'In every walk with Nature one receives far more than he seeks. Take a walk to feed the soul.'**  
(John Muir)

Cost: \$35

BYO: Lunch (leave in the cars), a day pack, snacks to carry, hat and sunblock, jumper/rain-jacket, hiking poles. Wear hiking boots or solid shoes with good tread.



To make a booking, contact:

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